**Writing prompts that explore brain function**

| Brain function | Reflective question or prompt |
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| Language | Write a story in pictures, and then translate it to language. |
| Memory | Describe your earliest memory. Describe an eidetic memory (one that is essential to who you are and that you will never forget). |
| Creativity | Choose 20 favorite words, then write a paragraph that uses all of them. |
| Insight | Describe a time when you struggled with a problem and then discovered an insight that solved the problem. Think about a problem you have now and imagine it’s someone else’s problem. What would you tell them as advice? |
| Logic | Define the term “illogical.” Prove that citizens of the United States are free. |
| Visual intelligence | Describe a rock as if you’re taking a picture of it. Create an image, which is an act of isolating an object and describing it in in sensory language that evokes the essense of the object for you.  |
| Spatial intelligence | Describe the layout of a house you’d like to build for yourself some day. Describe what happens in your mind when you take a pyramid and turn it around in your mind. |
| Emotional intelligence | When your emotions seem out of control, what do you do? When you make decisions, how do you balance logic and emotion? |
| Integration of short and long term memory | Take three random words (Ex. prism, thought, and blue). Write a paragraph that shows how you might connect these three words, using what your mind brings up when you think about each of the words. |
| Abstract thought | Define freedom in your own words. |