I think one of the most important things I learned about history is the importance of looking at things through different perspectives. I remember examining the accounts of different people on different sides for events in history like the Mountain Meadows Massacre, the Bear River Massacre, the Utah War, polygamy to name a few. From there I learned how much different accounts of history can vary. I learned to look for the motives and agendas people may have had in writing their accounts. I learned that primary sources aren't always reliable but I learned that the clearest picture of history is often gained by comparing and examining numerous accounts. I think this is significant because it gives me the skills to look at historical events more accurately. It has taught me to be healthy sceptically which I think is necessary to gain a more accurate view of what transpired in the past. Another thing I really liked learning about was the ancient people of this land. Learning about
seeing Petroglyphs to granaries of the Prehistoric Puebloan peoples was fascinating. I think it is important to remember who was in Utah before the 'first explorers.' Learning about the people and the way they lived without 'civilization' was personally fascinating and awe-inspiring. I think, as a people, that it is important to understand, learn from, and respect those who came before us.

Biology

One thing I really liked learning about in biology is the way that animals and plants fit into their world. The way that they're perfectly adapted to do their job in their environment, how they relate to the other organisms in their community. I think it's remarkable how specifically adapted everything is, it all works together. I feel like this took on personal significance for me because I kind of realized how easily humans can mess it all up. I think it's important to realize the impact you can have on the natural world, and that being aware is the first step in minimizing the negative effects you have.
I really learned how much preparation and skill goes into safe recreation. I think this is important because it helped me be more aware of the risks associated with a lot of things I like to do, which will hopefully help me to be more safe. I also really liked learning about the different viewpoints on how land should be used. It helped me look past my conservationist views and realize that there are a lot of good uses for land.

Writing helped that writing your thoughts and feelings on a subject can help you understand it better. The simple act of trying to articulate your thoughts and experiences in a way that would make sense to someone else is a clarifying and enlightening process. I think it is important to understand that because I think it can help you learn to work through things happening in your life. I also learned that describing things literally is really hard. I hope to continue to work on this skill.
My relationship with myself, nature and God.

I think being in a group like this is really beneficial for learning about yourself. Seeing where I fit in the group and how I compared with others helped me notice things about myself. I also think that different groups bring out different parts of any personality. In this group, I felt talkative and more excitable and self-assured. I learned that I react differently to different personalities, that some kinds of people are easier for me to get along with than others. However, I really feel like I was able to look past some of the things that annoyed me about people and find things that I genuinely liked and admired.

I think I learned how to be more respectful and responsible in how I interact with nature. I learned how much of a negative I can have, and how to lessen that negative impact. My appreciation and adoration of nature have grown. I love living outside. I also learned how much variance in nature there is, even just in Utah. It's pretty remarkable.
I think I learned, even more, how much God looks out for us. The fact that we've all been safe this whole time is a testament to that. I feel like God is so present in nature. Among His creations, it is so easy to see both His power and His love. This experience has made me want to draw closer to Him.